**Support meetings around Northants 2020**

**Weekly**

**Friday** Kettering Afternoon 1-6 pm

Open doors, 48 high street, next to nationwide building society

**Monthly**

**1st Monday Duston Morning 10am-11:30**

Tick Tock Coffee & Wine Bar, 8 Kent Rd, Upton, NN5 4DR,

**1st Thursday** Kettering Evenings 7-9 pm

Corn Market Hall, 40 London Rd, Kettering NN15 7QA

**3rd Monday Northampton Evening 7pm – 9pm**

Walter Tull, Sixfields Leisure, Walter Tull Way, NN5 5QL

Last Tuesday Rushden Afternoon 1-2.30 pm

Mind, Phoenix House, Skinners Hill, Rushden NN10 9YE

Please ensure you make contact before attending a meeting as these can be cancelled at short notice.

For all the up to date information email us or join our private face book group.

Meetings are for anyone affected by chronic pain